

## Individual - Overall Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
346	Thomson, adam	M	primera bournemouth	M30			0:05:55	10	0:46:50	6	0:24:00	3	<b>1:16:45</b>	<b>1</b>		0:03:47	6 *B
380	gilbert, mat	M	TEAM INOV-8	M30			0:06:17	20	0:46:54	7	0:23:42	2	<b>1:16:53</b>	<b>2</b>		0:03:30	1 *B
296	mercier, neil	M	fire service tri	M40			0:06:53	53	0:45:13	1	0:25:53	6	<b>1:17:59</b>	<b>3</b>		0:04:00	12 *B
397	Roberts, Ian	M	Ashurst BC	M20			0:06:02	12	0:48:53	14	0:23:10	1	<b>1:18:05</b>	<b>4</b>		0:03:40	3 *B
489	Campbell, Andy	M	Wrecsam Tri	M30			0:04:58	2	0:46:59	8	0:26:25	10	<b>1:18:22</b>	<b>5</b>		0:04:11	23 *S*B
334	Johns, Tim	M	Manchester Triathlon	M40			0:06:11	18	0:46:40	5	0:25:33	4	<b>1:18:24</b>	<b>6</b>		0:03:52	9 *B
304	Roxburgh, Simon	M	Carneddau Triathlon	M30			0:06:43	43	0:46:13	3	0:26:27	12	<b>1:19:23</b>	<b>7</b>		0:03:54	10 *B
316	Barker, Paul	M	BRAT	M30			0:05:31	6	0:46:29	4	0:28:44	43	<b>1:20:44</b>	<b>8</b>		0:04:28	54 *B
297	rainford, chris	M	GMCfire service tri	M40			0:07:23	103	0:46:00	2	0:27:41	24	<b>1:21:04</b>	<b>9</b>		0:04:20	38 *B
305	Roxburgh, Rhian	F	Carneddau Triathlon	C F30			0:05:21	3	0:48:17	9	0:27:48	28	<b>1:21:26</b>	<b>10</b>		0:04:21	39 *B
215	Ashton, Matthew	M	Carneddau Tri Club	M30	Y		0:06:18	21	0:49:22	16	0:26:06	8	<b>1:21:46</b>	<b>11</b>		0:03:43	4 *B
192	OWEN, STEPHEN	M	maldwyn harriers	M30			0:06:31	33	0:48:43	11	0:27:26	20	<b>1:22:40</b>	<b>12</b>		0:04:09	21 *B
138	Goodwin, Russell	M	Carneddau Triathlon	M40			0:07:21	102	0:49:09	15	0:26:25	10	<b>1:22:55</b>	<b>13</b>		0:04:02	14 *B
393	Jenkins, Huw	M	chester tri	M30			0:05:23	5	0:51:19	32	0:26:16	9	<b>1:22:58</b>	<b>14</b>		0:03:50	8 *B
403	ELLIS, GARETH	M		M40			0:06:42	41	0:49:40	17	0:27:31	21	<b>1:23:53</b>	<b>15</b>		0:04:18	35 *B
440	Brooke, Phil	M		M30			0:07:03	65	0:48:28	10	0:28:24	40	<b>1:23:55</b>	<b>16</b>		0:04:07	18 *B
333	Winder, David	M		M40			0:06:59	63	0:50:55	23	0:26:46	15	<b>1:24:40</b>	<b>17</b>		0:04:04	15 *B
268	ANTHONY, DEAN	M		M20			0:05:45	8	0:51:06	27	0:27:54	32	<b>1:24:45</b>	<b>18</b>		0:03:48	7 *B
207	Jones, Gerwyn	M	Carneddau Triathlon	C M30			0:07:42	123	0:48:46	12	0:28:52	47	<b>1:25:20</b>	<b>19</b>		0:04:41	80 *B
379	Frost, anna	F	wrecsam tri	F20			0:06:32	34	0:53:15	55	0:25:33	5	<b>1:25:20</b>	<b>19</b>		0:03:38	2 *B
244	Herne, David	M		M40			0:06:49	48	0:51:24	35	0:27:33	22	<b>1:25:46</b>	<b>21</b>		0:04:25	45 *B
462	lees, patrick	M	Cardiff Triathletes	M20	Y		0:06:57	59	0:50:57	24	0:27:54	32	<b>1:25:48</b>	<b>22</b>		0:04:10	22 *B
377	Mason, Gary	M	Bournville Harriers	M40			0:07:13	77	0:50:17	20	0:28:20	38	<b>1:25:50</b>	<b>23</b>		0:04:18	35 *B
398	Jenkins, Pete	M	Cerist Triathlon Club	M50			0:06:45	46	0:50:21	22	0:28:46	44	<b>1:25:52</b>	<b>24</b>		0:04:24	42 *B
111	Lee, Richard	M	Carneddau Triathlon	M40			0:06:40	38	0:51:24	35	0:27:51	29	<b>1:25:55</b>	<b>25</b>		0:04:29	57 *B
169	Begley, Kenny	M	Chester Tri	M40			0:07:18	88	0:52:00	40	0:26:45	14	<b>1:26:03</b>	<b>26</b>		0:04:07	18 *B
469	wagstaff, paul	M		M30			0:06:24	27	0:52:05	41	0:27:35	23	<b>1:26:04</b>	<b>27</b>		0:04:29	57 *B
424	Guy, Robin	M	Newport and District	M30			0:07:05	67	0:51:14	30	0:27:53	30	<b>1:26:12</b>	<b>28</b>		0:04:16	31 *B
272	Murray, Robert	M	Serpentine	M30			0:07:23	104	0:53:01	52	0:25:55	7	<b>1:26:19</b>	<b>29</b>		0:03:54	10 *B
468	Saycell, Jeff	M	Ystwyth	M30			0:06:54	55	0:50:00	19	0:29:27	58	<b>1:26:21</b>	<b>30</b>		0:04:23	41 *B
343	Greenwood, Simon James	M	Chester Tri	M40			0:07:13	77	0:51:19	32	0:28:26	41	<b>1:26:58</b>	<b>31</b>		0:04:27	51 *B
131	Shackley, Dave	M	Manchester Triathlon	M30			0:08:45	212	0:50:20	21	0:28:00	36	<b>1:27:05</b>	<b>32</b>		0:04:11	23 *B
390	Spall, Stephen	M	Chester Tri	M40			0:07:05	70	0:51:09	29	0:29:00	48	<b>1:27:14</b>	<b>33</b>		0:04:34	68 *B
412	Hamilton, Kevin	M	Cerist Tri	M40			0:06:26	29	0:53:57	65	0:27:24	18	<b>1:27:47</b>	<b>34</b>		0:04:28	54 *B
167	Debenham, Ellie	F	Chester Tri Club	F20			0:06:05	14	0:53:50	63	0:27:59	35	<b>1:27:54</b>	<b>35</b>		0:04:13	26 *B
221	scott, david	M		M40	Y		0:06:54	55	0:51:45	37	0:29:22	56	<b>1:28:01</b>	<b>36</b>		0:04:16	30 *B
175	Stevens, Daniel Thomas	M		MJ	Y		0:07:16	81	0:48:50	13	0:32:01	119	<b>1:28:07</b>	<b>37</b>		0:04:27	50 *B
264	BROOKE, ANDREW	M		M40			0:08:37	198	0:50:57	25	0:28:34	42	<b>1:28:08</b>	<b>38</b>		0:04:26	48 *B
241	Richards, Barry	M		M40			0:06:34	36	0:52:05	41	0:29:30	61	<b>1:28:09</b>	<b>39</b>		0:04:39	76 *B
323	Buckley, Derek	M		M50			0:08:28	188	0:53:12	54	0:26:37	13	<b>1:28:17</b>	<b>40</b>		0:04:23	40 *B
410	Brobin, Chris	M	Manchester Triathlon	M20	Y		0:06:02	12	0:54:31	68	0:27:45	27	<b>1:28:18</b>	<b>41</b>		0:04:24	42 *B
210	farnell, nick	M	ludlow cc	M50			0:08:11	164	0:50:58	26	0:29:15	54	<b>1:28:24</b>	<b>42</b>		0:04:26	46 *B
282	Slavin, Simon	M	Wrecsam Tri	M30			0:07:53	142	0:51:48	39	0:28:49	45	<b>1:28:30</b>	<b>43</b>		0:04:17	33 *B
350	Evans, Paul	M	Wrecsam Tri	M30	Y		0:07:29	108	0:52:41	47	0:28:22	39	<b>1:28:32</b>	<b>44</b>		0:04:30	60 *B

302 Mitchelmore, Darren	M	Pontesbury Tri	M40		0:06:28	31	0:52:32	46	0:29:41	64	<b>1:28:41</b>	<b>45</b>	0:04:47	89 *B
461 Sheehan, Matthew	M	Tequila Slammers	M40		0:06:28	31	0:53:00	51	0:29:27	58	<b>1:28:55</b>	<b>46</b>	0:04:31	61 *B
196 Kaye, Philip	M		M30		0:07:59	155	0:52:11	45	0:29:10	50	<b>1:29:20</b>	<b>47</b>	0:04:09	20 *B
303 Lee, Michael	M	Chester Tri	M20		0:06:59	61	0:52:42	48	0:29:42	65	<b>1:29:23</b>	<b>48</b>	0:04:29	57 *B
222 Schofield, Paul	M	Manchester Triathlon	M40		0:07:17	82	0:54:54	73	0:27:25	19	<b>1:29:36</b>	<b>49</b>	0:04:18	35 *B
132 Murray, John	M	Manchester Triathlon	M40		0:06:43	43	0:52:09	43	0:30:59	95	<b>1:29:51</b>	<b>50</b>	0:04:39	74 *B
286 Hawtin, Matthew	M		M30	Y	0:07:06	71	0:52:49	50	0:29:58	67	<b>1:29:53</b>	<b>51</b>	0:05:01	121 *B
237 Bennett, Nick	M	Ashurst Bike Club	M40		0:06:20	22	0:53:27	57	0:30:11	74	<b>1:29:58</b>	<b>52</b>	0:04:15	29 *B
364 Harding, Tim	M	Carneddau Tri	M40		0:07:48	128	0:53:26	56	0:28:50	46	<b>1:30:04</b>	<b>53</b>	0:04:39	76 *B
448 Jones, David Euros	M		M30		0:07:19	92	0:51:17	31	0:31:40	113	<b>1:30:16</b>	<b>54</b>	0:04:49	94 *B
314 Quicke, Andy	M	Manchester Tri	M30		0:07:48	128	0:54:36	69	0:27:53	30	<b>1:30:17</b>	<b>55</b>	0:04:14	27 *B
344 Allday, Charles	M		M30	Y	0:07:49	132	0:51:22	34	0:31:12	98	<b>1:30:23</b>	<b>56</b>	0:04:40	78 *B
108 FENWICK, JOHN	M	LEEDS & BRADFORD	M50	Y	0:09:54	263	0:51:08	28	0:29:27	58	<b>1:30:29</b>	<b>57</b>	0:04:45	86 *B
510 McKay, Michael	M		M30		0:06:52	50	0:56:30	104	0:27:43	26	<b>1:31:05</b>	<b>58</b>	0:11:06	304 *B
122 Salt, Neil	M	Chester Tri	M40		0:07:18	90	0:53:45	62	0:30:20	77	<b>1:31:23</b>	<b>59</b>	0:04:55	105 *B
239 Fowler, Craig	M	Pencoed Tri	M40		0:07:57	148	0:56:41	110	0:27:01	16	<b>1:31:39</b>	<b>60</b>	0:04:01	13 *B
178 Collins, Richard	M	OO Tri	M30		0:07:56	147	0:54:10	67	0:29:40	63	<b>1:31:46</b>	<b>61</b>	0:04:27	49 *B
391 kimberley, simon	M	black country triathlete	M50		0:06:21	23	0:54:51	72	0:30:52	91	<b>1:32:04</b>	<b>62</b>	0:05:00	116 *B
355 Maguinness, Neil	M	unattached	M40		0:06:41	39	0:55:00	75	0:30:26	79	<b>1:32:07</b>	<b>63</b>	0:04:46	87 *B
341 Sutcliffe, Alan	M	Chorley Tri	M30		0:07:17	82	0:54:04	66	0:30:55	92	<b>1:32:16</b>	<b>64</b>	0:04:31	61 *B
452 durkin, peter	M		M30	Y	0:07:48	128	0:57:19	130	0:27:11	17	<b>1:32:18</b>	<b>65</b>	0:04:16	31 *B
337 Whiteley, Joshua	M		M30	Y	0:06:58	60	0:52:44	49	0:32:36	136	<b>1:32:18</b>	<b>65</b>	0:04:59	113 *B
280 bennett, mark	M	chester tri6	M30		0:06:41	40	0:54:57	74	0:30:42	84	<b>1:32:20</b>	<b>67</b>	0:04:27	51 *B
382 cartwright, gary	M		M30		0:07:20	96	0:57:04	123	0:28:08	37	<b>1:32:32</b>	<b>68</b>	0:04:26	46 *B
171 JONES, MARTIN	M	CARNEDDAU	M40		0:09:18	237	0:53:37	60	0:29:37	62	<b>1:32:32</b>	<b>68</b>	0:04:45	85 *B
479 Peek, Keith	M	Chester Tri	M40		0:07:29	111	0:52:11	44	0:32:56	145	<b>1:32:36</b>	<b>70</b>	0:05:00	116 *B
292 Myles, Chris	M	Shrewsbury Masters	M40		0:06:57	58	0:55:31	85	0:30:15	76	<b>1:32:43</b>	<b>71</b>	0:04:40	78 *B
365 Humphreys, Alun	M	Wrexham Tri Club	M40		0:08:11	165	0:55:25	82	0:29:12	51	<b>1:32:48</b>	<b>72</b>	0:04:17	33 *B
431 whittaker, william	M	BRATS	M20		0:08:38	200	0:55:16	79	0:29:22	57	<b>1:33:16</b>	<b>73</b>	0:04:14	27 *B
278 oconnell, nigel	M	chester tri	M40		0:07:21	98	0:56:41	111	0:29:17	55	<b>1:33:19</b>	<b>74</b>	0:04:06	17 *B
163 McGivern, Jamie	M	The Wirral Avago Tri Club	M30		0:05:35	7	0:56:30	104	0:31:26	108	<b>1:33:31</b>	<b>75</b>	0:05:28	185 *B
501 Robinson, Gareth	M	pengwern boat club	M30		0:07:09	72	0:53:33	59	0:32:57	146	<b>1:33:39</b>	<b>76</b>	0:05:17	154 *B
200 LEWIS, DAVID	M	NONE	M40		0:08:12	167	0:55:03	76	0:30:31	82	<b>1:33:46</b>	<b>77</b>	0:04:35	70 *B
322 Plumtree, Simon	M		M40		0:07:59	155	0:54:38	70	0:31:18	100	<b>1:33:55</b>	<b>78</b>	0:04:48	91 *B
472 Pilkington, stephen	M		M40		0:07:19	91	0:57:54	140	0:29:09	49	<b>1:34:22</b>	<b>79</b>	0:04:42	81 *B
331 spreadborough, andrew	M	ludlow tri club	M40		0:07:11	76	0:55:49	92	0:31:23	104	<b>1:34:23</b>	<b>80</b>	0:05:14	145 *B
160 White, Gareth	M		M30		0:07:42	122	0:56:31	106	0:30:12	75	<b>1:34:25</b>	<b>81</b>	0:04:56	107 *B
135 Gallimore, David	M		M30	Y	0:08:31	190	0:55:46	91	0:30:10	73	<b>1:34:27</b>	<b>82</b>	0:04:33	65 *B
141 Davies - Moore, Iain	M		M30	Y	0:11:31	292	0:53:44	61	0:29:13	53	<b>1:34:28</b>	<b>83</b>	0:04:32	63 *B
389 Bolton, Daniel - swim time	M		M30		0:06:21	23	0:51:47	38	0:36:22	212	<b>1:34:30</b>	<b>84</b>	0:05:48	217 *B
179 Taylor, Ian	M	carneddau tri club	M40		0:07:09	72	0:56:16	99	0:31:19	101	<b>1:34:44</b>	<b>85</b>	0:04:54	103 *B
422 Law, Kenneth	M		M30	Y	0:07:17	82	0:55:04	77	0:32:29	130	<b>1:34:50</b>	<b>86</b>	0:05:13	142 *B
485 McGivern, Andy	M	Mersey Tri	M30		0:05:23	4	0:56:33	108	0:33:06	155	<b>1:35:02</b>	<b>87</b>	0:05:27	183 *B
415 Yeomans, Craig	M		M40		0:09:03	228	0:55:21	80	0:30:43	85	<b>1:35:07</b>	<b>88</b>	0:04:33	65 *B
121 Murray, Iain	M	Chester Tri	M30		0:06:15	19	0:58:43	155	0:30:09	72	<b>1:35:07</b>	<b>89</b>	0:04:24	42 *B
248 Butterworth, Keith	M	Unattached	M50		0:08:24	182	0:55:41	89	0:31:08	97	<b>1:35:13</b>	<b>90</b>	0:04:57	110 *B
474 Astbury, Steven	M		M30		0:07:13	79	0:56:29	103	0:31:37	110	<b>1:35:19</b>	<b>91</b>	0:04:59	113 *B
105 Fry, Michael	M		M30		0:00:59	1	1:04:36	239	0:29:47	66	<b>1:35:22</b>	<b>92</b>	0:04:33	67 *S

419 Hughes, Colin	M	Tri Preston	M50		0:08:36	197	0:55:59	95	0:30:50	88	<b>1:35:25</b>	<b>93</b>	0:05:15	150 *B	
245 clayton, john	M	carneddau tri club	M40		0:07:19	92	0:55:38	87	0:32:30	132	<b>1:35:27</b>	<b>94</b>	0:05:37	200 *B	
128 Bolton, Karl	M		M40		0:07:17	86	0:56:27	102	0:31:48	114	<b>1:35:32</b>	<b>95</b>	0:04:57	110 *B	
429 Davies, Elwyn	M		M40	Y	0:09:12	233	0:58:33	152	0:27:57	34	<b>1:35:42</b>	<b>96</b>	0:04:13	25 *B	
254 Davies, Graham	M	Carneddau Tri	M40		0:07:23	104	0:57:58	141	0:30:26	80	<b>1:35:47</b>	<b>97</b>	0:04:56	107 *B	
183 O'Keefe, Shaun	M	Wrecsam Tri	M30		0:09:41	254	0:54:44	71	0:31:38	111	<b>1:36:03</b>	<b>98</b>	0:05:14	149 *B	
293 DONNELLY, ADRIAN	M	none	M40		0:08:25	184	0:57:32	133	0:30:08	71	<b>1:36:05</b>	<b>99</b>	0:04:27	51 *B	
478 murray-crisp, john	M	wrecsam tri	M40		0:07:31	114	0:49:52	18	0:38:45	249	<b>1:36:08</b>	<b>100</b>	0:05:57	232 *B	
369 Mageean, Andrea	F	Chester Triathlon	F40		0:07:48	128	0:55:51	93	0:32:33	133	<b>1:36:12</b>	<b>101</b>	0:04:55	105 *B	
324 Shelton, Mark	M	Wrekinsport CC	M40		0:08:16	172	0:53:32	58	0:34:32	182	<b>1:36:20</b>	<b>102</b>	0:05:18	157 *B	
356 Morris, David	M	not attached	M40		0:09:28	243	0:53:03	53	0:33:55	166	<b>1:36:26</b>	<b>103</b>	0:06:05	242 *B	
328 Evans, John Gwynn	M	Cerist	M60		0:09:56	264	0:56:32	107	0:30:04	70	<b>1:36:32</b>	<b>104</b>	0:05:00	119 *B	
310 Greaves, Sarah	F	OOTri	F50		0:06:21	23	0:56:46	112	0:33:30	161	<b>1:36:37</b>	<b>105</b>	0:05:05	127 *B	
223 Wall, Judith	F	Manchester Triathlon	F30		0:07:17	82	0:57:20	131	0:32:01	119	<b>1:36:38</b>	<b>106</b>	0:05:33	194 *B	
456 Baker, Louise	F	Ludlow Tri Club	F40		0:07:18	88	0:55:07	78	0:34:13	176	<b>1:36:38</b>	<b>107</b>	0:05:25	177 *B	
301 Roderick, Hilary	F	Carneddau	F40		0:06:33	35	0:57:01	119	0:33:05	154	<b>1:36:39</b>	<b>108</b>	0:05:26	181 *B	
352 Griffiths, Lynne	F	Calderdale Tri	F40		0:06:42	41	0:55:59	95	0:34:02	169	<b>1:36:43</b>	<b>109</b>	0:05:22	167 *B	
342 Hammond, Shane	M		M40	Y	0:06:53	51	0:58:21	147	0:31:30	109	<b>1:36:44</b>	<b>110</b>	0:05:21	164 *B	
473 Davies, Gethin	M		M20		0:06:50	49	0:55:56	94	0:34:01	168	<b>1:36:47</b>	<b>111</b>	0:05:13	142 *B	
165 Broster, Philip	M	Chester Tri Club	M50		0:06:48	47	0:55:43	90	0:34:17	178	<b>1:36:48</b>	<b>112</b>	0:05:31	191 *B	
394 Jones, Tom	M	Bro Dysynni AC	M40	Y	Y	0:10:35	277	0:57:02	121	0:29:13	52	<b>1:36:50</b>	<b>113</b>	0:04:34	69 *B
263 dilworth, Mike	M	Padarn Tri	M50		0:06:27	30	0:58:05	144	0:32:21	126	<b>1:36:53</b>	<b>114</b>	0:05:05	127 *B	
463 Jenkins, Simon	M	Wrexham	M40		0:09:36	250	0:55:22	81	0:31:58	118	<b>1:36:56</b>	<b>115</b>	0:05:03	126 *B	
134 Murray, Fergus	M	Wrecsam Tri	M40		0:06:53	51	0:53:55	64	0:36:10	208	<b>1:36:58</b>	<b>116</b>	0:05:40	205 *B	
247 Armit, Tim	M	Lytham St Annes Tri	M40		0:07:50	136	0:58:25	149	0:30:50	89	<b>1:37:05</b>	<b>117</b>	0:04:52	100 *B	
372 mckendry, leigh	M		M30		0:09:38	253	0:55:33	86	0:32:04	122	<b>1:37:15</b>	<b>118</b>	0:05:16	153 *B	
251 Hickey, Niall	M	Chester Tri	M40	Y	0:07:30	113	0:56:57	118	0:32:51	143	<b>1:37:18</b>	<b>119</b>	0:04:52	100 *B	
275 Wilcockson, David	M		M30	Y	0:07:32	116	0:56:49	114	0:33:00	148	<b>1:37:21</b>	<b>120</b>	0:05:07	135 *B	
395 Lewis, Glyn	M	Cerist Tri club	M40	Y	Y	0:09:18	237	0:57:13	128	0:30:56	93	<b>1:37:27</b>	<b>121</b>	0:04:59	115 *B
144 Jones, Iorweth	M	Wrecsam Tri	M60		0:08:17	176	0:58:37	154	0:30:35	83	<b>1:37:29</b>	<b>122</b>	0:04:42	81 *B	
159 Press, David	M	Chester Tri	M50		0:08:51	218	0:56:03	97	0:32:37	137	<b>1:37:31</b>	<b>123</b>	0:05:25	174 *B	
362 Miles, Paul	M	Chester Triathlon Club	M40		0:07:20	96	0:58:25	149	0:31:49	115	<b>1:37:34</b>	<b>124</b>	0:04:43	84 *B	
484 Bircham, Mark	M	OO Tri	M30		0:06:06	15	0:55:40	88	0:35:52	206	<b>1:37:38</b>	<b>125</b>	0:05:37	200 *B	
294 Billings, Oliver	M	SCARAB	M30	Y	0:08:42	207	0:55:27	83	0:33:34	162	<b>1:37:43</b>	<b>126</b>	0:05:20	163 *B	
145 Hughes, Kenny	M	Wrecsam Tri	M60		0:08:14	170	0:56:19	100	0:33:13	158	<b>1:37:46</b>	<b>127</b>	0:05:22	167 *B	
107 Robinson, David	M		M30		0:10:40	280	0:57:08	125	0:30:00	68	<b>1:37:48</b>	<b>128</b>	0:04:28	54 *B	
399 Brice, Ashley	M		M30		0:07:29	108	0:58:01	143	0:32:29	130	<b>1:37:59</b>	<b>129</b>	0:05:02	123 *B	
443 Fychan, Owain	M		M30	Y	0:08:54	221	0:58:22	148	0:30:45	86	<b>1:38:01</b>	<b>130</b>	0:04:46	88 *B	
214 Bodley, David	M		M30	Y	0:08:02	158	0:59:43	173	0:30:20	77	<b>1:38:05</b>	<b>131</b>	0:04:51	96 *B	
139 Tunnadine, Paula	F		F40		0:07:55	145	0:57:20	131	0:33:05	152	<b>1:38:20</b>	<b>132</b>	0:05:35	197 *B	
137 Ronald, Vicky	F	Carneddau Triathylon	F40		0:08:38	200	0:56:50	115	0:33:05	152	<b>1:38:33</b>	<b>133</b>	0:03:43	4 *B	
309 Hornsby, Richard	M	Croft Ambrey R.C	M30	Y	0:10:30	272	0:57:09	127	0:30:57	94	<b>1:38:36</b>	<b>134</b>	0:05:09	137 *B	
155 cole, simon	M		M40		0:07:30	112	0:57:07	124	0:34:19	179	<b>1:38:56</b>	<b>135</b>	0:05:43	211 *B	
259 Rigby, Mark	M		M40	Y	0:07:50	136	0:57:04	122	0:34:04	173	<b>1:38:58</b>	<b>136</b>	0:05:27	183 *B	
102 Smith, Nigel	M		M40		0:07:05	67	0:59:24	165	0:32:38	138	<b>1:39:07</b>	<b>137</b>	0:05:21	164 *B	
193 Kaye, Allan	M		M30		0:07:55	144	0:57:01	120	0:32:18	123	<b>1:39:14</b>	<b>138</b>	0:05:07	135 *B	
499 Blum, Edward	M	Bangor University	M20		0:08:46	214	0:55:28	84	0:35:02	194	<b>1:39:16</b>	<b>139</b>	0:05:28	185 *B	
459 bond, matthew	M		M30	Y	0:07:41	120	0:57:58	142	0:33:38	163	<b>1:39:17</b>	<b>140</b>	0:05:29	189 *B	

0:02:00

208	franks, paul	M	Telford Harriers	M40	Y	0:07:17	86	1:00:54	188	0:31:13	99	<b>1:39:24</b>	<b>141</b>	0:05:00	116
277	Edwards-Jones, Gareth	M	not affiliated	M40	Y	0:09:41	254	1:02:08	208	0:27:43	25	<b>1:39:32</b>	<b>142</b>	0:04:05	16
373	Roberts, Andrew	M	Chester Tri Club	M30		0:07:32	116	1:00:11	177	0:31:51	117	<b>1:39:34</b>	<b>143</b>	0:05:21	164
446	rosser, jim	M		M40		0:07:59	155	1:00:35	182	0:31:03	96	<b>1:39:37</b>	<b>144</b>	0:05:19	158
140	Westhead, Stephen John	M		M40	Y	0:07:51	140	0:58:28	151	0:31:21	103	<b>1:39:40</b>	<b>145</b>	0:02:00	74 *B
434	Bratt, Steve	M		M30		0:07:05	69	1:00:15	178	0:32:21	125	<b>1:39:41</b>	<b>146</b>	0:04:47	89
202	Williams, Nefyn	M		M40		0:08:12	167	0:59:08	160	0:32:26	128	<b>1:39:46</b>	<b>147</b>	0:05:06	131 *B
376	Simmons, Sean	M	Chester Tri	M30		0:06:11	16	0:57:09	126	0:36:32	219	<b>1:39:52</b>	<b>148</b>	0:05:54	226 *B
426	Newby, Karen	F	Scarab	F30		0:07:49	134	0:56:56	117	0:35:27	204	<b>1:40:12</b>	<b>149</b>	0:05:50	219 *B
495	Lisa, Morley	F	Wrecsam Tri	F30		0:08:38	200	1:01:19	194	0:30:29	81	<b>1:40:26</b>	<b>150</b>	0:04:48	92
104	steffan, jones	M	Pwillheli	M40		0:11:02	288	0:57:43	139	0:31:50	116	<b>1:40:35</b>	<b>151</b>	0:05:06	134 *B
188	Jones, Berwyn	M	Padarn Tri	M50		0:07:28	107	0:59:06	159	0:34:02	170	<b>1:40:36</b>	<b>152</b>	0:05:15	151 *B
433	naughton, Stella	F	Chorley triathlon club	F30		0:08:16	172	0:57:35	135	0:34:46	190	<b>1:40:37</b>	<b>153</b>	0:05:24	173 *B
487	Riddick, Charlotte	F	Chester Tri	F20		0:07:51	138	0:58:51	156	0:34:06	174	<b>1:40:48</b>	<b>154</b>	0:05:06	131 *B
445	SMITH, ALEX	M		M20	Y	0:07:21	98	1:02:05	206	0:31:23	104	<b>1:40:49</b>	<b>155</b>	0:04:35	71
258	Phillips, Robin	M	Wrecsam Tri	M50	Y	0:08:53	220	0:56:47	113	0:35:22	201	<b>1:41:02</b>	<b>156</b>	0:05:00	120 *B
113	Browne, Julian	M	Carneddau Triathlon	M40		0:07:20	95	0:56:25	101	0:37:18	233	<b>1:41:03</b>	<b>157</b>	0:05:51	222 *B
386	Cameron, Bruce	M	Poole Runners	M60		0:10:27	270	0:57:42	138	0:32:54	144	<b>1:41:03</b>	<b>158</b>	0:05:20	162 *B
252	Wilcockson, Ian	M		M40		0:09:56	264	0:59:30	170	0:31:38	111	<b>1:41:04</b>	<b>159</b>	0:04:51	96 *B
198	Brown, Martin	M		M30	Y	0:06:59	61	0:58:52	157	0:35:16	199	<b>1:41:07</b>	<b>160</b>	0:06:16	250 *B
219	Newing, Robert Andrew	M		M40	Y	0:08:18	177	1:02:52	217	0:30:01	69	<b>1:41:11</b>	<b>161</b>	0:04:42	81
261	Clamp, Guy	M		M40		0:09:00	226	0:58:17	146	0:34:03	171	<b>1:41:20</b>	<b>162</b>	0:05:45	214 *B
366	Armour, Chris	M		M20	Y	0:05:48	9	1:03:32	224	0:32:03	121	<b>1:41:23</b>	<b>163</b>	0:04:36	72
151	JONES, DAVID	M	Carneddau Tri club	M40	Y	0:06:11	17	1:03:49	230	0:31:24	107	<b>1:41:24</b>	<b>164</b>	0:04:52	99
371	brogan, ian	M		M30		0:07:43	124	0:57:16	129	0:36:27	217	<b>1:41:26</b>	<b>165</b>	0:05:03	124 *B
409	Watson, Grant	M	Chester Tri	M30		0:06:39	37	0:57:42	137	0:37:06	228	<b>1:41:27</b>	<b>166</b>	0:05:26	178 *B
117	Whittaker, Simon	M	Abersoch Triathlon Te	M40		0:07:59	154	0:56:34	109	0:36:56	224	<b>1:41:29</b>	<b>167</b>	0:05:58	234 *B
149	lowe, andy	M	n/a	M50		0:07:58	149	0:56:11	98	0:37:21	234	<b>1:41:30</b>	<b>168</b>	0:05:52	225 *B
500	LAW, BECKI	F		F20		0:08:59	222	0:59:28	168	0:33:04	151	<b>1:41:31</b>	<b>169</b>	0:05:05	127 *B
235	Welch, Ian	M	Man Tri	M40		0:09:30	245	0:59:29	169	0:32:44	140	<b>1:41:43</b>	<b>170</b>	0:05:16	152 *B
406	Learoyd, Paul	M		M30		0:08:40	206	1:00:57	190	0:32:20	124	<b>1:41:57</b>	<b>171</b>	0:04:32	63
411	Causey, Christopher	M		M30	Y	0:07:09	72	1:02:09	209	0:33:01	150	<b>1:42:19</b>	<b>172</b>	0:05:24	172
174	Williams, Martin Garth	M	Carneddau Triathlon	M60		0:08:46	215	1:00:41	184	0:33:00	148	<b>1:42:27</b>	<b>173</b>	0:05:06	131
326	Turner, Graham	M	Chester TRI	M20	Y	0:07:23	104	1:02:03	202	0:33:17	159	<b>1:42:43</b>	<b>174</b>	0:05:05	127
114	Stott, jJason	M	Abersoch Triathlon Te	M30	Y	0:09:29	244	1:00:56	189	0:32:24	127	<b>1:42:49</b>	<b>175</b>	0:05:14	145
476	Loewenstein, Nathan	M		M20	Y	0:07:58	152	1:01:54	198	0:33:12	157	<b>1:43:04</b>	<b>176</b>	0:04:51	96
482	Vukomanovic, David	M		M20		0:07:46	127	1:02:14	212	0:33:07	156	<b>1:43:07</b>	<b>177</b>	0:04:54	103
332	Price, Anthony	M	West Midlands Police	M40		0:07:52	141	1:04:27	237	0:30:51	90	<b>1:43:10</b>	<b>178</b>	0:04:53	102
313	Conway, Kevin	M		M40	Y	0:11:21	291	0:59:16	162	0:32:34	135	<b>1:43:11</b>	<b>179</b>	0:04:56	109 *B
119	Hallworth, Martin	M		M50		0:08:11	165	1:02:11	210	0:32:57	146	<b>1:43:19</b>	<b>180</b>	0:05:22	167
177	Jones, Gary	M	Cobra Running and Tr	M40	Y	0:07:59	153	1:01:36	196	0:33:54	165	<b>1:43:29</b>	<b>181</b>	0:05:34	195
283	McCormack, Neil	M		M30	Y	0:08:16	172	0:58:12	145	0:37:06	228	<b>1:43:34</b>	<b>182</b>	0:05:58	234 *B
312	Harrison, Christopher	M		M60		0:08:39	204	0:58:33	152	0:36:26	214	<b>1:43:38</b>	<b>183</b>	0:06:29	257 *B
385	Smith, Steve	M	Wrecsam Tri	M50		0:07:55	145	0:59:19	163	0:36:28	218	<b>1:43:42</b>	<b>184</b>	0:06:00	237 *B
180	Evans, Anna	F	Carneddau Triathlon C	F30		0:07:49	132	0:59:44	174	0:36:10	208	<b>1:43:43</b>	<b>185</b>	0:05:51	223 *B
203	Williams, Annie	F	Eryri Harriers	F40		0:09:23	240	1:03:14	221	0:31:23	104	<b>1:44:00</b>	<b>186</b>	0:05:09	138
428	Cottam, Hugh	M		M40	Y	0:08:14	170	0:57:38	136	0:38:20	246	<b>1:44:12</b>	<b>187</b>	0:05:35	197 *B
392	barnard, vincent	M		M40	Y	0:09:17	236	1:03:43	228	0:31:20	102	<b>1:44:20</b>	<b>188</b>	0:04:50	95

315 Williams, Ken	M	NA	M40	Y	0:08:26	186	0:59:10	161	0:36:46	220	<b>1:44:22</b>	<b>189</b>	0:05:09	138 *B	
357 Noden, Robert	M		M30		0:09:53	261	1:02:05	205	0:32:33	134	<b>1:44:31</b>	<b>190</b>	0:05:01	121	
243 Norman, Peter	M	Wreccsam Tri1	M60		0:10:49	284	0:56:55	116	0:36:48	221	<b>1:44:32</b>	<b>191</b>	0:05:19	159 *B	
449 Clarkson, Robert Andrew	M		M30		0:08:32	192	1:01:41	197	0:34:25	181	<b>1:44:38</b>	<b>192</b>	0:05:57	231	
229 Donnelly, Allison	F	Padarn Tri	F40		0:08:10	163	1:01:01	192	0:35:33	205	<b>1:44:44</b>	<b>193</b>	0:05:41	206	
287 Shaw, Joe	M		M40	Y	0:11:39	293	1:00:27	181	0:32:51	142	<b>1:44:57</b>	<b>194</b>	0:05:19	159	
209 martin, stephen	M		M40	Y	0:08:35	195	1:01:54	199	0:34:34	183	<b>1:45:03</b>	<b>195</b>	0:06:02	239	
101 Fuller, Anne	F	TVT	F40		0:07:35	118	1:02:06	207	0:35:24	202	<b>1:45:05</b>	<b>196</b>	0:05:30	190	
444 Nicolay, Damien	M		M30	Y	0:08:20	179	1:02:03	203	0:34:42	186	<b>1:45:05</b>	<b>196</b>	0:05:14	145	
260 Roberts, William Andrew	M		M40	Y	Y	0:08:28	187	1:01:35	195	0:35:04	196	<b>1:45:07</b>	<b>198</b>	0:05:17	154
189 Williamson, Wendy	F	Chester Tri	F30		0:06:45	45	1:02:03	204	0:36:26	214	<b>1:45:14</b>	<b>199</b>	0:05:41	206	
181 Arthan, Linda	F	OO Tri	F50		0:08:22	181	0:59:39	172	0:37:14	231	<b>1:45:15</b>	<b>200</b>	0:05:36	199 *B	
481 Lomas, Rob	M		M20		0:08:25	184	1:03:09	220	0:33:42	164	<b>1:45:16</b>	<b>201</b>	0:05:19	161	
421 Crowther, Simon	M	None	M30	Y	0:07:44	125	1:03:06	219	0:34:40	184	<b>1:45:30</b>	<b>202</b>	0:05:13	141	
176 Kirk, Maggie	F	New Forest Runners	F60		0:07:14	80	1:04:18	236	0:34:20	180	<b>1:45:52</b>	<b>203</b>	0:05:41	206	
483 MacArthur, Helen	F	Cardneddau	F30		0:11:46	295	1:03:20	223	0:30:49	87	<b>1:45:55</b>	<b>204</b>	0:04:37	73	
477 Stieler, Elizabeth	F		F30	Y	0:08:24	183	1:02:56	218	0:34:42	187	<b>1:46:02</b>	<b>205</b>	0:04:57	112	
339 Brett, Jeremy	M	Cerist	M40	Y	0:07:49	134	1:04:11	235	0:34:13	176	<b>1:46:13</b>	<b>206</b>	0:05:41	206	
161 WILLIAMS, JOHN	M	n/a	M40		0:09:45	257	0:59:27	166	0:37:02	226	<b>1:46:14</b>	<b>207</b>	0:05:56	228 *B	
401 Hoare, Paul	M		M40		0:08:34	193	0:58:54	158	0:38:49	250	<b>1:46:17</b>	<b>208</b>	0:06:23	253 *B	
173 Healey, Roy	M	Carneddau Triathlyon	M40		0:08:31	190	1:00:18	179	0:37:37	235	<b>1:46:26</b>	<b>209</b>	0:05:47	216	
273 norton, adam	M		M30		0:07:41	121	1:04:10	234	0:34:45	189	<b>1:46:36</b>	<b>210</b>	0:05:31	191	
212 Sutcliffe, Claire	F	City of Chester Triathlon	F30		0:08:13	169	1:03:41	227	0:34:52	192	<b>1:46:46</b>	<b>211</b>	0:05:25	174	
206 Peart, Sian	F	Chester Triathlon Club	F40		0:09:41	254	1:00:52	187	0:36:20	211	<b>1:46:53</b>	<b>212</b>	0:05:34	196	
152 Moore, Clive	M		M50		0:09:01	227	1:02:37	215	0:35:20	200	<b>1:46:58</b>	<b>213</b>	0:05:22	170	
498 Earing, Christopher	M	Bangor University	M20		0:10:41	281	1:00:19	180	0:35:59	207	<b>1:46:59</b>	<b>214</b>	0:04:48	92	
349 Evans, Craig	M		M40	Y	0:10:43	283	1:03:37	225	0:32:42	139	<b>1:47:02</b>	<b>215</b>	0:05:28	185	
436 Hughes, Samantha	F		F30	Y	0:07:29	108	1:04:30	238	0:35:06	197	<b>1:47:05</b>	<b>216</b>	0:05:29	188	
381 Haywood, John	M	Wrexham Tri	M50		0:08:22	180	1:00:50	186	0:37:55	238	<b>1:47:07</b>	<b>217</b>	0:05:27	182	
318 Rutherford, Mark	M	Rhos Cycling Club	M30	Y	0:07:36	119	1:01:18	193	0:36:23	213	<b>1:47:17</b>	<b>218</b>	0:05:13	142	
120 Irving, Joanne	F	Carneddau	F30		0:10:00	266	1:00:39	183	0:36:48	221	<b>1:47:27</b>	<b>219</b>	0:05:39	204	
375 Preston, Andrew	M		M30		0:09:49	260	0:59:27	166	0:38:11	242	<b>1:47:27</b>	<b>219</b>	0:06:30	260 *B	
465 SELLER, SUSAN	F		F50		0:09:15	235	1:00:41	185	0:37:41	236	<b>1:47:37</b>	<b>221</b>	0:05:55	227	
400 Hinton, Chris	M		M40	Y	Y	0:08:09	162	1:04:54	242	0:35:03	195	<b>1:48:06</b>	<b>222</b>	0:06:06	244
281 Alcock, Steven	M	Manchester Triathlon	M20	Y	0:09:20	239	1:04:06	233	0:34:42	188	<b>1:48:08</b>	<b>223</b>	0:05:14	145	
225 Jones, Graham Paul	M	Carneddau Triathlon	M40		0:08:34	193	1:04:54	242	0:34:47	191	<b>1:48:15</b>	<b>224</b>	0:05:41	206	
432 Jones, Glyn	M	Maldwyn Harriers	M40	Y	0:11:57	296	1:03:53	231	0:32:26	128	<b>1:48:16</b>	<b>225</b>	0:05:22	170	
118 Calland, Ian	M		M40	Y	0:09:38	252	1:03:46	229	0:34:56	193	<b>1:48:20</b>	<b>226</b>	0:05:43	211	
142 Rogers, Andy	M		M40	Y	0:08:05	160	1:01:58	200	0:38:36	248	<b>1:48:39</b>	<b>227</b>	0:06:02	239	
186 Matthews, Anthony	M		M50		0:10:29	271	1:00:09	176	0:38:02	240	<b>1:48:40</b>	<b>228</b>	0:06:04	241	
374 Williams, Simon	M	Cobra Tri (Halesowen)	M40	Y	0:08:39	203	0:57:32	133	0:42:30	279	<b>1:48:41</b>	<b>229</b>	0:06:30	260 *B	
378 Denniss, Stella	F	Bournville Harriers	F30	Y	0:08:05	160	1:08:05	257	0:32:47	141	<b>1:48:57</b>	<b>230</b>	0:05:03	124	
187 O'brien, Adrian	M		M30	Y	0:08:44	210	0:59:21	164	0:41:29	272	<b>1:49:34</b>	<b>231</b>	0:06:52	277 *B	
368 Owens, David	M		M20	Y	0:06:01	11	1:03:59	232	0:39:51	259	<b>1:49:51</b>	<b>232</b>	0:05:50	219	
154 Birchall, David	M		M40	Y	0:08:42	207	1:07:04	251	0:34:12	175	<b>1:49:58</b>	<b>233</b>	0:05:32	193	
330 Slinger, Phillip	M	Mersey Tri	M30		0:08:49	216	0:59:38	171	0:41:44	276	<b>1:50:11</b>	<b>234</b>	0:05:38	203 *B	
232 Jones, Alan	M	Mersey Triathlon Club	M30		0:11:05	290	1:05:10	245	0:34:00	167	<b>1:50:15</b>	<b>235</b>	0:05:17	154	
437 Kilpatrick, Victoria	F	St Annes Triathlon Clt	F20	Y	0:07:21	100	1:02:14	211	0:40:45	266	<b>1:50:20</b>	<b>236</b>	0:06:44	272	

311 Baldwin, Becky	F	Manchester Tri Club	F30			0:07:19	92	1:04:55	244	0:38:50	251	<b>1:51:04</b>	<b>237</b>	0:06:32	262
242 McClelland, Margaret	F		F40			0:09:08	231	1:05:27	247	0:37:16	232	<b>1:51:51</b>	<b>238</b>	0:06:05	242
129 Napthen, Sally	F	Chester Triathlon	F40			0:09:53	261	1:02:26	214	0:39:34	256	<b>1:51:53</b>	<b>239</b>	0:05:58	234
492 THOMAS, MICHELLE	F		F30			0:09:08	231	1:04:41	240	0:38:17	244	<b>1:52:06</b>	<b>240</b>	0:05:52	224
416 Raybone, David	M		M40	Y	Y	0:16:52	308	1:00:03	175	0:35:12	198	<b>1:52:07</b>	<b>241</b>	0:05:25	176
205 Nigel, Evans	M		M50			0:09:05	229	1:00:57	191	0:42:07	277	<b>1:52:09</b>	<b>242</b>	0:06:56	280
226 Neave, Jayne	F	Chester Tri	F40	Y		0:12:54	302	1:02:22	213	0:36:55	223	<b>1:52:11</b>	<b>243</b>	0:05:50	219
367 Edwards, Sharon	F	Padarn Tri	F30			0:09:34	248	1:07:43	255	0:35:26	203	<b>1:52:43</b>	<b>244</b>	0:05:57	232
150 Bullen, Karen	F	BAD TRI	F40			0:09:00	224	1:09:35	268	0:34:40	184	<b>1:53:15</b>	<b>245</b>	0:05:49	218
408 Hurrell, Ruth	F		F20			0:09:00	225	1:07:14	253	0:37:05	227	<b>1:53:19</b>	<b>246</b>	0:06:01	238
453 price, inga	F		F30	Y		0:06:24	27	1:08:58	264	0:38:18	245	<b>1:53:40</b>	<b>247</b>	0:06:08	245
153 Robinson, Darrin	M		M40			0:10:33	275	1:01:58	201	0:41:41	275	<b>1:54:12</b>	<b>248</b>	0:05:44	213
347 Slater, Christine	F	Arfon Masters	F50	Y		0:09:06	230	1:08:44	262	0:36:26	216	<b>1:54:16</b>	<b>249</b>	0:05:37	202
438 Walton, Becky	F	Manchester Tri Club	F20			0:06:55	57	1:06:38	249	0:40:43	265	<b>1:54:16</b>	<b>249</b>	0:06:55	279
425 Edwards, valerie	F		F50	Y		0:09:23	240	1:07:46	256	0:37:13	230	<b>1:54:22</b>	<b>251</b>	0:05:46	215
396 Shipperlee, Laura	F	Chester tri	F20	Y		0:06:22	26	1:09:39	269	0:38:33	247	<b>1:54:34</b>	<b>252</b>	0:06:13	248
246 Shakespeare, Stephen	M		M30		Y	0:10:37	279	1:07:12	252	0:36:58	225	<b>1:54:47</b>	<b>253</b>	0:05:56	228
427 Kewley, Hannah	F		F30	Y		0:08:37	199	1:05:18	246	0:41:03	267	<b>1:54:58</b>	<b>254</b>	0:07:13	284
249 Keeble, Matthew	M		M30	Y		0:08:51	217	1:07:03	250	0:39:17	254	<b>1:55:11</b>	<b>255</b>	0:06:10	246
295 Wierzbicki, Simon	M		M30	Y		0:07:58	149	1:09:18	265	0:37:57	239	<b>1:55:13</b>	<b>256</b>	0:06:24	254
262 Paalman, Lynn	F	n/a	F40			0:07:31	114	1:13:47	281	0:34:03	171	<b>1:55:21</b>	<b>257</b>	0:05:26	178
228 Bridge, Alan	M		M50	Y		0:10:33	275	1:03:19	222	0:41:31	274	<b>1:55:23</b>	<b>258</b>	0:06:27	256
418 Hough, Rob	M		M40	Y		0:08:44	210	1:06:14	248	0:41:07	268	<b>1:56:05</b>	<b>259</b>	0:06:50	274
430 Smith, Dave	M		M20	Y		0:07:00	64	1:11:08	275	0:36:11	210	<b>1:56:19</b>	<b>260</b>	0:05:56	230
276 Beeching, Adrian	M	Cardiff	M40			0:08:19	178	1:02:42	216	0:45:41	288	<b>1:56:42</b>	<b>261</b>	0:07:05	282
199 Somers, Peter	M		M40	Y		0:09:36	249	1:03:37	225	0:44:11	284	<b>1:57:24</b>	<b>262</b>	0:07:25	287
338 Brett, Kim	F	Cerist	F40	Y		0:07:53	142	1:08:17	259	0:41:23	270	<b>1:57:33</b>	<b>263</b>	0:06:13	248
327 Woodall, Mark	M		M30	Y		0:10:31	274	1:08:52	263	0:38:11	242	<b>1:57:34</b>	<b>264</b>	0:06:29	257
204 Dickinson, Tony	M	Manchester Triathlon	M20	Y		0:07:21	100	1:09:29	267	0:41:25	271	<b>1:58:15</b>	<b>265</b>	0:06:21	252
471 Findlay, Len	M		M30	Y		0:10:42	282	1:07:38	254	0:40:21	264	<b>1:58:41</b>	<b>266</b>	0:06:34	264
340 Jones, Louise	F		F50	Y		0:07:58	149	1:10:12	273	0:41:30	273	<b>1:59:40</b>	<b>267</b>	0:06:33	263
451 Hardy, Amicia	F		F40			0:09:47	259	1:09:48	271	0:40:15	263	<b>1:59:50</b>	<b>268</b>	0:06:35	266
383 Roberts, Sue	F	Cerist.Tri.	F50			0:09:36	250	1:08:23	261	0:42:18	278	<b>2:00:17</b>	<b>269</b>	0:06:42	270
441 Forrest, Samantha	F		F40	Y		0:09:32	246	1:11:31	277	0:39:40	257	<b>2:00:43</b>	<b>270</b>	0:06:39	268
494 Mason, Nania	F	Chester Triathlon Clut	F40			0:08:42	207	1:13:03	279	0:39:23	255	<b>2:01:08</b>	<b>271</b>	0:06:16	250
447 Morris, Alan	M		M40	Y		0:10:53	286	1:04:45	241	0:45:42	289	<b>2:01:20</b>	<b>272</b>	0:06:51	276
387 Jones, Bryn	M		M30			0:08:45	212	1:13:48	282	0:39:09	252	<b>2:01:42</b>	<b>273</b>	0:06:42	271
488 Lynn, David	M		M50			0:10:52	285	1:08:20	260	0:42:52	280	<b>2:02:04</b>	<b>274</b>	0:06:45	273
458 Hardman, Kate	F		F20	Y	Y	0:09:14	234	1:13:54	283	0:39:12	253	<b>2:02:20</b>	<b>275</b>	0:05:26	180
460 williams, john	M	Cerist	M50			0:07:45	126	1:09:47	270	0:45:54	291	<b>2:03:26</b>	<b>276</b>	0:08:30	297
130 Wellington, Stephen	M		M40	Y		0:14:39	306	1:11:36	278	0:37:44	237	<b>2:03:59</b>	<b>277</b>	0:06:39	268
454 Fychan, Bedwyr	M		M30	Y		0:08:52	219	1:18:25	294	0:38:07	241	<b>2:05:24</b>	<b>278</b>	0:06:29	259
455 Angus, mark	M	the 3 mustgetbeers	M30			0:08:35	195	1:17:55	293	0:40:08	261	<b>2:06:38</b>	<b>279</b>	0:06:26	255
123 Melton, Trish	F	Cit of Chester	F40			0:10:36	278	1:10:46	274	0:45:23	287	<b>2:06:45</b>	<b>280</b>	0:06:54	278
218 James-Owens, Rachel	F	Carneddau	F30			0:09:46	258	1:14:22	285	0:42:53	281	<b>2:07:01</b>	<b>281</b>	0:06:35	265
435 Best, Thomas	M		M50	Y		0:09:32	247	1:17:37	292	0:40:13	262	<b>2:07:22</b>	<b>282</b>	0:07:07	283
156 Hughes, Jane	F	SCARAB	F40			0:10:06	268	1:17:22	291	0:40:03	260	<b>2:07:31</b>	<b>283</b>	0:06:51	275
265 Macartney, Sarah	F		F30	Y		0:08:59	223	1:14:03	284	0:44:46	285	<b>2:07:48</b>	<b>284</b>	0:07:42	293

493 Roberts, Leigh	M	TriPadarn Club	M50		0:08:30	189	1:15:27	287	0:43:52	283	<b>2:07:49</b>	<b>285</b>	0:07:14	285
470 Jenkins, paula	F	Wrexham Tri	F30	Y	0:10:30	273	1:09:21	266	0:48:02	294	<b>2:07:53</b>	<b>286</b>	0:07:28	288
439 Richards, Huw	M		M40	Y	0:07:51	138	1:15:00	286	0:45:51	290	<b>2:08:42</b>	<b>287</b>	0:06:56	281
234 Welch, Clare	F	Man Tri	F40		0:09:27	242	1:11:19	276	0:49:03	296	<b>2:09:49</b>	<b>288</b>	0:07:22	286
124 Gulliver, Vic	M	Prestatyn Running Cl	M60		0:11:40	294	1:15:54	290	0:43:30	282	<b>2:11:04</b>	<b>289</b>	0:07:40	291
358 Noden, Tina	F		F30	Y	0:10:57	287	1:15:33	288	0:44:54	286	<b>2:11:24</b>	<b>290</b>	0:08:16	296
285 Pringle, Julie	F	Witham Running Club	F40	Y	0:11:04	289	1:21:23	295	0:39:49	258	<b>2:12:16</b>	<b>291</b>	0:06:10	246
404 OLDFIELD, TONY	M		M50	Y	0:12:23	300	1:08:07	258	0:52:04	299	<b>2:12:34</b>	<b>292</b>	0:08:45	300
388 Major, Kenneth	M	Prestatyn Running Cl	M60		0:13:05	303	1:13:39	280	0:48:45	295	<b>2:15:29</b>	<b>293</b>	0:08:02	294
329 Lang, Lisa	F	Mersey Tri	F30		0:08:40	205	1:23:08	296	0:49:11	297	<b>2:20:59</b>	<b>294</b>	0:07:36	289
227 Morris, Wyn	M	Carneddau	M40		0:10:09	269	1:10:10	272	1:01:09	302	<b>2:21:28</b>	<b>295</b>	0:09:25	302
157 Hughes, Colin	M	SCARAB	M50		0:13:10	304	1:29:08	300	0:41:12	269	<b>2:23:30</b>	<b>296</b>	0:06:37	267
267 Martin, Susan	F	Thames Valley Triathl	F40		0:08:04	159	1:26:11	297	0:54:24	300	<b>2:28:39</b>	<b>297</b>	0:08:38	298
320 jones, robert	M		M30	Y	0:12:05	297	1:30:50	302	0:47:22	292	<b>2:30:17</b>	<b>298</b>	0:07:40	292
319 barrett, claire	F		F40	Y	0:15:08	307	1:29:27	301	0:47:27	293	<b>2:32:02</b>	<b>299</b>	0:07:39	290
197 Jones, Alison	F	Cerist	F50		0:12:49	301	1:27:29	298	0:54:25	301	<b>2:34:43</b>	<b>300</b>	0:08:40	299
217 Ashton, Jaime	F	Carneddau Tri Club	F20	Y	0:10:01	267	1:27:35	299	1:01:31	303	<b>2:39:07</b>	<b>301</b>	0:09:22	301
407 mannoukas, barbara	F		F50	Y	0:12:06	298	1:40:33	303	0:49:36	298	<b>2:42:15</b>	<b>302</b>	0:08:06	295
490 Masterson, Colin	M		M50		0:14:02	305	1:54:01	304	1:03:53	304	<b>3:11:56</b>	<b>303</b>	0:09:35	303
224 Harris, Sonia	F	Manchester Triathlon	F30		0:07:04	66	10:58:44	305	0:33:19	160	<b>DNF</b>		0:05:11	140
284 Wall, Brian	M	Carneddau	M50		0:06:53	53		#N/A		#N/A	<b>DNF</b>		#N/A	*B*R
269 Garrad, Marcel	M		M30		0:07:09	72		#N/A		#N/A	<b>DNF</b>		#N/A	*B*R
497 Evans, John	M	N/A	M40		0:08:16	175	1:15:48	289	20:12:02	305	<b>DNF</b>		19:39:13	305
213 Williams, Mark	M		M40	Y	0:12:13	299		#N/A		#N/A	<b>DNF</b>		#N/A	*B*R
361 Unknown, Name	M		M30			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
115 Thonmas, Gwyl	M	Rhyl Cycling Club	M30	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
442 cochlin, daniel	M	mersey tri	M30			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
253 Harrison, Kevin	M	Cerist Tri	M40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
457 wilkinson, mark	M	tricentral	M40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
162 McKay, Mike	M	Shyl Cycling Club	M20	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
405 Simpson, Martin	M	Manchester Tri	M30			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
298 Humphreys, David	M	Chester Tri	M60			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
480 JOHNSON, MARK	M		M30	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
164 Harley, Jonathan	M		M30	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
348 KETTLE, RICHARD	M	Ashurst B.C	M20			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
363 Cowan, Charles	M		M50			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
185 Burford, Daniel	M		M30			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
133 Stuart - Smith, Karon	F	Carneddau Triathlon	F40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
250 SMITH, NEIL	M	none	M40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
417 Jones, Ieuan	M		M20	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
308 Lloyd, Tim	M	Eryri Harriers	M40	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
306 Jones, Paul	M	Mid Shropshire Wheel	M40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
195 White, Gary	M		M30			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
450 Jamison, mike	M	Padarn Tri	M60			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
172 Williams, Christopher	M	Carneddau Triathlon	M50	Y		#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
420 wilson, james	M	Manchester Triathlon	M30			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
236 robbins, keith	M	chester triathlon club	M40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	
370 walsh, jon	M		M40			#N/A		#N/A		#N/A	<b>DNF</b>		#N/A	

414 ellis-brown, nia	F		F30	Y	Y	#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
148 Greaves, Darren	M	Rochdale Triathlon Cl	M30			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
354 Pierce, Rhian	F	Eryri Harriers	F20	Y		#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
402 Harding, Tim	M	Carneddau tri	M40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
168 Allman, Philip	M	D & M Cycles	M30			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
317 Jones, Elliot	M		M30	Y		#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
486 Brampton, Neil	M	Carneddau	M40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
125 Atkinson, Gail	F	Chester	F40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
360 Corner, Chrissy	F		F40	Y		#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
299 biddulph, colin	M		M40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
413 Rogers, Jan	F	Chester Tri	F40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
502 birtwistle, nick	M		M30			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
230 Sanderson, Andy	M		M40		Y	#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
289 threadgold, mark	M	no	M40			3:27:14	309	#N/A	<b>DNF</b>	#N/A
191 Bloomer, Keith	M	Manchester Triathlon	M30	Y		#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
112 Roberts, Dewi	M	Carneddau Triathlon	M40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
166 Coulton, Stephen	M		M40			#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
274 WILLIAMS, GERALLT	M	CEFFYL HAEARN	M20		Y	#N/A	#N/A	#N/A	<b>DNF</b>	#N/A
106 Robinson, Karin	F		F20	Y		#N/A	#N/A	#N/A	<b>DNF</b>	#N/A