

Individual - Female Open Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
438	Roxburgh, Rhian	F	Carneddau Triathlon	C F30			0:05:35	1	0:49:36	1	0:26:56	3	1:22:07	1		0:04:07	4
351	Bartlett, Anna	F	Shrewsbury Athletic	F30			0:06:29	3	0:54:36	3	0:27:14	4	1:28:19	2		0:04:03	3
425	Crickmore, Kelly	F	Ckester Tri	F30			0:07:31	11	0:55:49	6	0:25:30	2	1:28:50	3		0:03:53	2
364	Frost, Anna	F	wrexham triathlon	F20			0:06:37	5	0:57:19	10	0:25:06	1	1:29:02	4		0:03:52	1
396	Isaacs, Ruth	F		F40			0:06:48	6	0:54:50	4	0:28:18	5	1:29:56	5		0:04:23	5
277	Saycell, Anita	F	Cerist Tri	F20			0:06:24	2	0:55:21	5	0:31:14	10	1:32:59	6		0:05:07	13
157	METCALFE, RUTH	F		F30			0:09:50	47	0:53:28	2	0:30:27	7	1:33:45	7		0:04:44	8
324	TUNNADINE, PAULA	F		F40		Y	0:07:55	19	0:57:13	8	0:30:54	9	1:36:02	8		0:05:02	10
345	Greaves, Sarah	F	OOTri	F50			0:07:14	9	0:57:13	9	0:32:40	14	1:37:07	9		0:05:03	12
221	Ronald, Vicky	F	Carneddau Tri	F40			0:09:06	39	0:56:46	7	0:32:09	13	1:38:01	10		0:05:07	13
317	Wall, Judith	F	manchester triathlon c	F30		Y	0:07:34	12	0:59:20	16	0:31:25	11	1:38:19	11		0:05:20	19
187	McDonald, Suzanne	F		F30			0:08:38	29	0:59:35	18	0:30:41	8	1:38:54	12		0:04:33	6
276	Riddick, Charlotte	F	Chester Tri	F20			0:07:24	10	0:58:17	14	0:33:39	18	1:39:20	13		0:05:08	16
257	Newby, Karen	F	SCARAB Tri	F30			0:08:24	25	0:57:34	11	0:33:56	19	1:39:54	14		0:05:31	24
339	Houliston, Elspeth	F		F30			0:07:36	13	0:58:04	12	0:35:14	25	1:40:54	15		0:05:36	27
170	Edwards, Sharon	F	Padarn Tri	F30		Y	0:08:10	20	1:04:56	31	0:28:35	6	1:41:41	16		0:04:43	7
308	Mageean, Andrea	F	City of Chester Triathlk	F40			0:09:34	42	0:59:44	21	0:32:44	15	1:42:02	17		0:04:53	9
419	Waters, Raasay	F	Preston Triathlon	F20			0:06:34	4	1:02:22	25	0:33:08	17	1:42:04	18		0:05:31	24
353	Harrison, Lynwen	F	none	F30		Y	0:06:48	7	1:00:08	22	0:35:12	24	1:42:08	19		0:05:54	33
460	Peart, Sian	F	Chester Tri Club	F40			0:08:40	30	0:59:41	19	0:34:20	20	1:42:41	20		0:05:02	10
316	Harris, Sonia	F	manchester triathlon c	F30		Y	0:08:11	21	0:58:40	15	0:35:54	29	1:42:45	21		0:05:40	28
343	McCourt, Roisin	F	Manchester Triathlon	F20		Y	0:07:54	18	0:59:25	17	0:35:31	27	1:42:50	22		0:05:09	18
181	Arthan, Liz	F	OO Tri	F40			0:09:01	37	0:59:43	20	0:34:32	21	1:43:16	23		0:05:30	23
255	Sadler-Andrews, Ella	F	Sports City Velo	FJ		Y	0:08:17	23	0:58:12	13	0:37:04	36	1:43:33	24		0:05:08	16
305	Garratt, Rebecca	F	RAF Triathlon	F30			0:07:41	15	1:01:03	23	0:35:32	28	1:44:16	25		0:05:29	22
123	MacArthur, Helen	F	Colwyn Bay Athletics	F30		Y	0:12:17	57	1:04:10	27	0:31:34	12	1:48:01	26		0:05:08	15
238	McClelland, Margaret	F	Swinton Running	F40			0:09:08	40	1:03:43	26	0:35:30	26	1:48:21	27		0:05:51	31
282	Arthan, Linda	F	oo tro	F50			0:08:32	26	1:02:02	24	0:38:34	38	1:49:08	28		0:06:03	36
287	Perrault, Katy	F	Manchester	F20		Y	0:07:46	17	1:04:55	30	0:36:46	34	1:49:27	29		0:05:42	29
237	Evans, Anna	F	Carneddau Tri	F20		Y		#N/A		#N/A	0:38:57	41	1:49:39	30		0:06:28	44
190	Thomas, Melissa	F	OO Tri	F30		Y	0:09:28	41	1:04:17	28	0:37:00	35	1:50:45	31		0:05:53	32
161	Brown, Sarah	F	Ivanhoe Runners Asht	F20		Y	0:09:03	38	1:07:18	38	0:34:41	23	1:51:02	32		0:05:22	21
371	Prady, Nicola	F		F30			0:07:39	14	1:08:51	43	0:34:34	22	1:51:04	33		0:05:22	20
132	Peter, Libby	F		F40		Y	0:08:33	27	1:10:34	46	0:33:02	16	1:52:09	34		0:05:35	26
448	graham, naomi	F	merseytri	F30			0:08:42	31	1:08:00	42	0:36:08	30	1:52:50	35		0:05:46	30
240	Andrews, Claire	F		F30		Y	0:06:49	8	1:06:04	34	0:40:05	44	1:52:58	36		0:06:23	43
160	Wilson, Suzie	F		F30		Y	0:10:14	52	1:06:13	35	0:36:31	31	1:52:58	36		0:06:08	37
215	Bullen, Karen	F		F40			0:08:47	34	1:07:27	40	0:37:07	37	1:53:21	38		0:06:08	37
372	Symonds, Liz	F		F30		Y	0:07:41	16	1:05:57	33	0:39:48	43	1:53:26	39		0:06:53	51
140	Williams, Barbara	F	Wreccsam Tri	F50			0:10:00	50	1:06:40	36	0:38:35	39	1:55:15	40		0:06:22	42
290	rowley, debbie	F	mersey tri	F30			0:08:18	24	1:04:57	32	0:43:00	52	1:56:15	41		0:06:52	50
313	Leach, Ailsa	F	Cardiff Tri Club	F40			0:08:36	28	1:04:35	29	0:43:44	54	1:56:55	42		0:07:40	59
166	gwyer, lesley	F		F30		Y	0:09:40	44	1:07:30	41	0:40:27	45	1:57:37	43		0:06:17	41

247 Pilkington, catherine	F		F40	Y	0:08:43	32	1:07:21	39	0:42:16	51	1:58:20	44	0:06:44	48
234 Owen, Rhian	F	Carneddau Triathlon C	F30	Y	0:09:57	48	1:06:58	37	0:44:00	55	2:00:55	45	0:06:56	53
159 Brown, Naomi	F		F20	Y	0:08:56	36	1:16:31	54	0:36:34	32	2:02:01	46	0:06:02	35
454 Astbury, Claire	F		F40	Y	0:13:23	59	1:10:19	44	0:38:51	40	2:02:33	47	0:06:01	34
455 Astbury, Ruth	F		F40		0:09:58	49	1:13:29	49	0:39:25	42	2:02:52	48	0:06:28	44
296 Hardy, Amicia	F		F30	Y	0:09:43	45	1:12:33	47	0:40:54	46	2:03:10	49	0:06:15	40
216 Macartney, Sarah	F		F30	Y	0:08:46	33	1:10:19	44	0:44:46	57	2:03:51	50	0:06:34	47
177 roberts, sue	F	cerist	F50		0:09:45	46	1:13:35	50	0:41:46	47	2:05:06	51	0:06:46	49
158 Kewley, Hannah	F		F30	Y	0:08:48	35	1:14:58	53	0:41:51	48	2:05:37	52	0:07:32	56
119 Davies, Hayley	F	N/a	F40	Y	0:10:00	50	1:13:26	48	0:44:21	56	2:07:47	53	0:07:37	57
114 Corner, Chrissy	F		F40	Y	0:11:56	56	1:14:53	52	0:42:10	50	2:08:59	54	0:06:55	52
329 Lang, Lisa	F	Mersey Tri	F30		0:08:15	22	1:19:36	55	0:41:56	49	2:09:47	55	0:06:28	44
117 Clayton, Jane	F	0161 445 4732	F50		0:09:39	43	1:13:59	51	0:48:13	59	2:11:51	56	0:08:08	61
116 Noden, Tina	F		F20	Y	0:10:25	53	1:20:42	56	0:43:17	53	2:14:24	57	0:07:39	58
135 Rapson, Sally	F		F40		0:11:29	55	1:27:36	61	0:36:37	33	2:15:42	58	0:06:10	39
124 James-Owens, Rachel	F		F30	Y	0:13:53	61	1:22:21	57	0:45:18	58	2:21:32	59	0:07:17	54
107 Jones, Alison	F	Cerist	F50	Y	0:13:46	60	1:24:28	59	0:48:26	60	2:26:40	60	0:07:29	55
115 Nightingale, Pamela	F		F50		0:11:11	54	1:23:11	58	0:53:00	62	2:27:22	61	0:08:54	62
127 Brown, Nia	F		F30	Y	0:12:21	58	1:25:42	60	0:51:32	61	2:29:35	62	0:07:49	60