

Individual - Female Open Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
458	Davies, Rhian	F		F30			0:05:41	1	1:09:49	1	0:29:39	3	1:45:09	1		0:04:35	2
364	Tunnadine Jeffs, Paula	F	Wreccsam Triathlon Cl	F40		Y	0:07:45	18	1:11:28	2	0:29:18	2	1:48:31	2		0:04:46	5
430	Williams, Sian	F	Pembrokeshire Tri Clu	F30			0:07:03	11	1:14:13	3	0:30:09	5	1:51:25	3		0:04:38	3
467	SHEPHERD, RACHEL	F	didsbury tri	F20	Y		0:06:06	4	1:18:44	10	0:29:58	4	1:54:48	4		0:04:46	5
463	Knott, Vikki	F	Scarab Tri	FJ			0:06:04	3	1:18:17	7	0:30:43	9	1:55:04	5		0:04:50	9
352	Clement, Rebecca	F	multisport	F20			0:06:57	9	1:17:00	4	0:32:10	12	1:56:07	6		0:05:11	16
294	JAMES, HOLLY	F	THAMES TURBO	F20	Y		0:07:13	13	1:18:42	9	0:30:16	6	1:56:11	7		0:04:58	11
423	Hall, Rachael	F		F20	Y		0:06:02	2	1:17:45	6	0:32:42	13	1:56:29	8		0:04:39	4
413	Isaacs, Ruth	F	West Kirby Wobblers	F40			0:06:52	8	1:21:46	13	0:28:39	1	1:57:17	9		0:04:18	1
258	Brown, Estelle	F	Sheffield Triathlon Clu	F40			0:09:18	35	1:17:04	5	0:31:48	11	1:58:10	10		0:04:47	7
337	Arnold, Jayne	F	Multisport Racing Clut	F30			0:07:31	15	1:18:32	8	0:32:48	14	1:58:51	11		0:05:20	19
445	EVANS, DEBORAH	F		F20			0:06:14	5	1:19:38	11	0:33:54	19	1:59:46	12		0:05:19	18
474	Jones, Ruth	F	Warrington Tri	F20			0:07:00	10	1:21:28	12	0:32:55	15	2:01:23	13		0:05:10	15
231	Hardy, Debbie	F	Pudsey and Bramley /	F30	Y		0:08:46	28	1:23:42	15	0:30:17	7	2:02:45	14		0:04:49	8
239	Wells, Jenny	F		F20			0:09:15	34	1:25:23	16	0:30:29	8	2:05:07	15		0:04:50	9
192	Brown, Val	F	Pembrokeshire Tri	F30			0:10:42	42	1:22:13	14	0:33:02	16	2:05:57	16		0:04:59	12
454	McLean, Hannah	F	Didsbury Tri Club	F20			0:06:37	7	1:25:51	17	0:35:34	26	2:08:02	17		0:05:57	29
241	Vaughan Jones, Sian	F	City of Chester Triathl	F40			0:08:07	22	1:27:47	18	0:34:00	20	2:09:54	18		0:05:07	13
240	Williams, Annie	F	eryri	F40			0:09:51	39	1:30:07	23	0:31:29	10	2:11:27	19		0:05:09	14
290	French, Dawn	F	Multisport	F40			0:08:08	23	1:29:16	21	0:34:09	21	2:11:33	20		0:05:23	20
315	woolhouse, sally	F		F30	Y		0:06:30	6	1:31:36	26	0:34:40	22	2:12:46	21		0:05:19	17
311	PROUT, MARIA	F	PENCOED TRI	F40			0:07:31	14	1:32:31	32	0:33:22	17	2:13:24	22		0:05:40	25
283	brown, siobhan	F		F20			0:08:44	27	1:32:02	30	0:33:23	18	2:14:09	23		0:05:31	22
355	Wilson, Paula	F	Didsbury Tri Club	F30			0:07:41	17	1:27:48	19	0:38:51	33	2:14:20	24		0:05:59	30
334	KIRK, MAGGIE	F	Poole Tri Club and Ne	F50			0:08:04	20	1:31:43	29	0:34:56	24	2:14:43	25		0:05:36	23
282	SHARPE, FAY	F	MULTISPORT	F40			0:09:00	31	1:30:12	24	0:36:37	28	2:15:49	26		0:05:55	27
305	Swailles, Janet	F	Didsbury	F30			0:08:13	24	1:29:21	22	0:38:26	31	2:16:00	27		0:06:15	35
302	Donnelly, Allison	F	Eryri Harriers / Arfon	F30	Y		0:08:38	25	1:31:43	28	0:36:16	27	2:16:37	28		0:06:09	32
401	Edwards, Stefanie	F		F20			0:07:36	16	1:31:36	26	0:39:05	34	2:18:17	29		0:05:39	24
331	McGregor, Jane	F	3M Gorseinon R R	F40			0:08:00	19	1:31:32	25	0:39:48	36	2:19:20	30		0:06:27	39
255	ARTHAN, LINDA	F	OO tri - Oswestry Trai	F50			0:08:07	21	1:32:28	31	0:39:32	35	2:20:07	31		0:06:31	40
250	Miskell, Louise	F	3M Gorseinon Road R	F30	Y		0:09:24	36	1:37:17	37	0:35:07	25	2:21:48	32		0:06:09	32
218	downing, susan	F		F30	Y		0:11:15	47	1:28:32	20	0:42:29	45	2:22:16	33		0:06:25	38
197	Canevarolo, Evelyne	F		F30	Y		0:09:37	38	1:34:21	33	0:40:35	39	2:24:33	34		0:05:55	27
229	morgan, janet	F	Chester Triathlon Clut	F50			0:08:59	29	1:35:46	35	0:40:46	40	2:25:31	35		0:06:15	34
152	Kilkenny, Jane	F		F30	Y		0:09:56	40	1:34:29	34	0:42:12	43	2:26:37	36		0:06:34	42
332	Cook, Sharon	F	Thames Turbo Triathl	F30			0:12:16	52	1:35:56	36	0:40:23	38	2:28:35	37		0:06:32	41
107	HULLAND, GAYNOR	F	3M GORSEINON RO	F40	Y		0:11:46	51	1:39:39	39	0:38:15	30	2:29:40	38		0:06:22	37
406	WALTON, REBECCA	F	Didsbury	F20			0:07:06	12	1:38:00	38	0:48:22	51	2:33:28	39		0:08:25	51
155	Rapson, Sally	F	Royal Sutton Coldfield	F40			0:11:06	45	1:49:31	43	0:34:42	23	2:35:19	40		0:05:23	20
403	Davies, Julie	F		F50			0:09:05	33	1:43:40	40	0:47:58	50	2:40:43	41		0:08:07	49
252	Lindgren, Karin	F		F20	Y		0:11:44	50	1:50:23	44	0:40:17	37	2:42:24	42		0:06:17	36
162	Arends, Lindsey	F		F30	Y		0:11:18	48	1:49:06	42	0:42:06	42	2:42:30	43		0:06:46	45
156	whelan, laura	F		F20	Y		0:09:36	37	1:56:30	50	0:38:48	32	2:44:54	44		0:05:54	26

184 Fensom, Marian	F		F30	Y	0:10:18	41	1:50:34	45	0:44:33	46	2:45:25	45	0:06:49	46
185 McGrath, Clare	F		F40	Y	0:13:03	53	1:52:32	48	0:41:27	41	2:47:02	46	0:06:45	44
147 JONES, NIA	F	PADARN TRI	F20	Y	0:11:20	49	1:55:50	49	0:46:27	48	2:53:37	47	0:06:43	43
166 Judd, Hayley	F		F20	Y	0:11:00	44	2:00:33	52	0:42:21	44	2:53:54	48	0:06:05	31
313 Mason, Lizzie	F		F20	Y	0:11:10	46	1:56:38	51	0:47:01	49	2:54:49	49	0:07:35	48
114 Dickenson, Josephine	F		F40	Y	0:15:12	54	1:52:28	47	0:51:01	52	2:58:41	50	0:08:14	50
148 Houghton, Carolyn	F		F30	Y	0:10:56	43	2:10:58	53	0:44:59	47	3:06:53	51	0:07:01	47
348 leach, ailsa	F	Cerist	F40		0:09:00	31	5:34:38	54	0:37:27	29	DNF		5:06:05	52
261 Davies, Melanie	F	Thames Turbo	F30	Y	0:08:41	26	1:51:20	46	19:12:56	53	DNF	5:00:00		#N/A
227 Griffiths, Anita	F	multisport	F40		0:08:59	29	1:44:34	41	19:35:00	54	DNF			#N/A