

Number	First Name	Last Name	Club	Gender	Age Group	Swim	Transition	Run	Overall
Male Results									
481	IOAN	HUGHES		M	15-16	00:04:24	00:01:16	00:18:02	00:23:42
479	Sion kelly	Williams	GOG Triathlon	M	20-24	00:06:04	00:00:37	00:17:37	00:24:18
470	Jonathan	Tyler		M	35-39	00:07:11	00:00:29	00:18:06	00:25:46
477	John	Connolly	Arfon masters	M	35-39	00:06:23	00:00:21	00:19:35	00:26:19
466	Geran	Hughes	GOG Triathlon	M	50-54	00:07:16	00:00:47	00:18:32	00:26:35
443	Brian	Wills		M	45-49	00:07:25	00:00:33	00:19:22	00:27:20
468	Graeme	Tunstall	GOG Triathlon	M	40-44	00:06:35	00:00:51	00:20:38	00:28:04
475	Paul	Algieri	GOG Triathlon	M	55-59	00:06:11	00:01:09	00:21:40	00:29:00
329	John	Burton		M	40-44	00:08:29	00:01:39	00:19:53	00:30:01
315	Thomas	Rissbrook		M	35-39	00:08:59	00:01:47	00:21:34	00:32:20
480	Rhodri	Parfitt		M	30-39	00:06:33	00:01:37	00:24:12	00:32:22
357	Paul	Cox		M	55-59	00:08:29	00:02:49	00:21:06	00:32:24
114	Ashley	Tomlinson	GOG Triathlon	M	40-44	00:08:09	00:00:55	00:23:52	00:32:56
377	Paul	Cheetham		M	55-59	00:08:16	00:01:11	00:24:04	00:33:31
316	John	Halson		M	55-59	00:11:08	00:02:54	00:20:19	00:34:21
340	Paul	Rice	Worcester Triathlon Club	M	45-49	00:09:06	00:01:34	00:24:12	00:34:52
202	steve	dutton	GOG Triathlon	M	40-44	00:09:15	00:01:45	00:23:57	00:34:57
425	Malcolm	Harrison	GOG Triathlon	M	60-64	00:07:26	00:01:02	00:31:17	00:39:45
129	Daniel	Butler		M	25-29	00:11:20	00:03:13	00:27:52	00:42:25
127	Philip	Smedley	Harlech Triathlon	M	45-49	00:13:16	00:02:04	00:28:07	00:43:27
135	Mark	Probert		M	65-69	00:12:58	00:03:31	00:30:01	00:46:30
Relay Results									
Number	First Name	Last Name	Race Entered	Gender	Age Group	Swim	Transition	Run	Overall
121	Lucy	Bracegirdle	Harlech Aquathlon - Relay	F	20-24	00:05:51	00:00:07	00:17:18	00:23:16
404	Leanne	Matthews	Harlech Aquathlon - Relay	F	35-39	00:07:46	00:00:16	00:20:12	00:28:14
285	Lisa	Hughes	Harlech Aquathlon - Relay	F	35-39	00:07:45	00:01:10	00:24:05	00:33:00
472	Merfyn	Jones	Harlech Aquathlon - Relay	M	55-59	00:06:55	00:00:26	00:25:12	00:32:33